

The Prayer Triangle



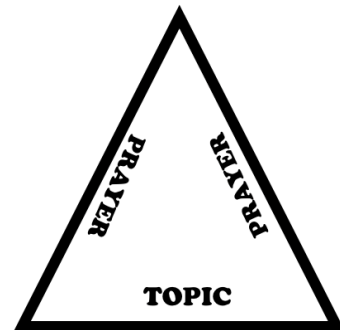
Overview

The Prayer Triangle, or Man in the Middle, is a Prayer Tool that allows members of a group to introduce various topics that will then be fully supported in prayer by others in the group. It works best with groups of 5-15 people.

Getting Started

Start by cutting a large sheet of paper into a triangle. Next, write “Topic” on the short side of the triangle and “Prayer” on the two longer sides (See diagram).

1. Place the triangle on the floor in the middle of the room. One individual starts by stepping forward and standing behind the side of the triangle labeled “Topic.” After introducing the topic, the person prays, then steps back from the triangle.
2. Others in the group are encouraged to pray into the topic by stepping forward one at a time and standing along one of the sides of the triangle that is labeled “Prayer.” As soon as a person finishes praying and steps back from the triangle, others can step forward to pray.
3. Continue until no one else steps forward and the prayers subside, indicating that the topic has been fully covered. The process starts again when a new topic surfaces and someone steps forward to the “Topic” side of the triangle to initiate prayer.



Variation

Video conferencing or Zoom Version: Instead of utilizing the triangle, individuals introduce a topic in the chat box. Others in the group then pray into the topic until all sense the topic is fully covered. At that point, prayer begins for the next topic. Topics are prayed for in the order they were introduced in the chat box.